**Friday, Nov. 7th (Red—Biology)**

**Objectives:**

1. What do experts believe to be the leading cause of obesity in our country?
2. What can you do to improve your diet? (Think in terms of the macromolecules we have been studying)

**Announcements:**

1. Macromolecules and Enzymes test on Nov. 19th.
2. Macromolecules Lab due today

**What we are doing today:**

1. Timesheet
2. Video: Fed Up
   1. Vocabulary--On your own piece of paper please make a T-chart for the following words:
      1. Epidemic
      2. Food & Drug Administration (FDA)
      3. Insulin
      4. Metabolic Disease
      5. Obesity
      6. Type 2 Diabetes
      7. United States Department of Agriculture (USDA)
      8. World Health Organization